

The background image shows a male doctor with glasses and a blue striped shirt, with a stethoscope around his neck. He is looking towards the left, where the arm and shoulder of a patient in a white hospital gown are visible. The scene is set in a clinical environment with a light green wall.

Flu causes serious illness for people with long-term health conditions

**Protect yourself by getting the flu
vaccine this winter.**

Book an appointment through the NHS App,
nhs.uk/bookflu, 119, or your pharmacy or GP. Find
participating pharmacies at nhs.uk/flu-pharmacy